



INSPIRATION • ENCOURAGEMENT • RESTORATION

Kit List for Winter Mountaineering Masterclass & Winter Scrambling Masterclass

If you don't have any of the items you need, ask us for advice on what to buy. If you're in Ambleside and need to buy any kit, try The Climbers Shop in Compston Road, where you'll get a 10% discount if you mention that you are my client. Items marked * can be hired from us for £5 per item per day. Items marked # are provided free of charge if you don't have your own, but must be replaced if lost.

ITEM	NOTES
General mountaineering boots	For Winter Mountaineering: any boots that will take crampons. For Winter Scrambling: B2 boots
*Mountaineering crampons	For Winter Mountaineering: any crampons that will fit your boots. For Winter Scrambling: C2 12 points eg Petzl Vasak. Can be clip-on or strap-on, depending on what fits best with your boots. Anti-balling plates are recommended. If you are using your own crampons, please check that they fit your boots correctly before you come on the course.
*Ice axe	A 55-65cm axe is good (dependent on how tall you are) eg Petzl Summit
#Climbing helmet	Petzl Elios is a good all round helmet
#Climbing harness	
#30m scrambling rope	
#240cm sling with screwgate karabiner	
Gaiters	A neoprene strap is much better than a shoelace to go under the boot. I prefer short close-fitting gaiters eg Mountain Equipment Scree
Waterproof jacket	Please make sure when choosing a jacket that the hood fits comfortably over a helmet.
Waterproof trousers	Should have at least a knee-length zip so they can be fitted over trainers or boots (a full-length zip in the legs is preferable for mountaineering)
Warm gloves and hat	Two or three pairs of gloves: warm ski gloves, Dachstein mittens, thin gloves. One warm hat
Head torch with spare batteries	Eg Petzl Tactikka Plus
Map, compass, map case & watch	Possible venues for the course are Helvellyn, Langdale and Kirkstone Pass, so your map needs to cover all of these, for example: <ul style="list-style-type: none"> • Ordnance Survey 1:50000 Landranger sheet 90 • Harvey's 1:40000 British Mountain Map Lake District • Dinky Map+ 1:25000 Central Lakes
Food and drinks for the day	